



Typical example of treatment

The following example is a guide and is not necessarily the course of treatment that you will undertake, as each course of treatment will be designed on a purely individual basis. An initial assessment with IVFSS and first consultation with Mr J Onwude in Essex or London will determine exact time frames.

- Each Client will need to complete an initial assessment session with IVFSS giving personal details, previous treatments and medical history. This information will be used to create a personal profile and data base to be used by Mr Onwude, Dr Waldenstrom, Professor Nilsson and IVFSS in your future care.
- Once IVFSS and the Doctors have gained the required information from previous medical treatments you will be required to attend for an initial consultation with Mr Onwude where medication, regimes and treatments can be discussed further. During this consultation any other blood tests or exploratory investigations that are required can be booked or carried out.
- During the next 5 weeks you will attend various consultations with Mr Onwude to monitor your progress, carry out relevant blood tests and Scans'.
- During this or the following consultation you will be given your prescriptions for your medication and your regimes will be finalised. You will be given full support on how to administer your medication by Mr Onwude and his Personal Nurse and then verbally through IVFSS on your return home if required. IVFSS will be able, at all times, to access Mr Onwude, Dr Waldenstrom or Professor Nilsson if you should need further advice or reassurance.
- You will return home and follow your personal regime until your next clinic consultation, during this time you may wish to access IVFSS for our IVF Coaching Service. However, any questions you may have regarding your treatment or medication can be directed to Mr Onwude, Dr Waldenstrom or Professor Nilsson, alternatively IVFSS will be happy to do this for you.
- On completion of the regime you will return Mr Onwude's consulting rooms, where the finalisation of your treatment in England will begin to take place. Again time frames will vary, but, will be discussed on an individual basis and is dependent upon the treatment undertaken and your previous consultation findings. Typically, during this

week blood tests and scans will be carried out to determine your progress and your medication is adjusted accordingly. Mr Onwude will then contact IVFSS with the relevant time frames and we will then, in consultation with yourself, Dr Waldenstrom/ Professor Nilsson, confirm your flights, accommodation, consultations and most importantly your egg collection and implantation in Sweden.

- During your week in Sweden you will attend Falun Hospital for your eggs to be harvested and fertilised using the appropriate method (IVF/ICSI etc). They will then be left to develop and re-implanted on a pre-determined day. During this time you will be kept informed daily of their development, but, are encouraged to make use of your time relaxing in the beautiful surroundings and enjoying the many outdoor pursuits that the area has to offer.
- After implantation you may decide to continue your stay in Sweden where you will be able to benefit from the relaxing and beautiful surroundings or instead return to England, the decision is entirely yours. Once you have made this decision you will be required to attend either of the clinics to be followed up and at the end of the two week waiting period carry out a pregnancy test. IVFSS will keep in regular contact with you until your two week pregnancy test is due, as will the consultants. If at any time should you require help, advice or reassurance you only need call.
- Once you have completed your two week wait you will be able to carry out your pregnancy test, if you wish this can be done at your chosen clinic and scan given if appropriate. The data from this session will be passed to the relevant governing body in Sweden for their records (this is required by law).
- On completion of your treatment IVFSS and the Doctors will be available for advice, support and the appropriate onward referral.

***If required and for a small additional fee we can even arrange, sight seeing tours, skiing, ice-fishing, boating on the lakes or whatever you would like to do to with your spare time in Falun.*

****You will be required to pay for your travel, accommodation and treatment direct to the provider.*



Website: www.ivfsupportservices.com